

PLANO ISD ATHLETIC DEPARTMENT
PRE-PARTICIPATION REQUIREMENTS CHECK LIST

SCHOOL _____

STUDENT _____ **GRADE LEVEL** _____

_____ PHYSICAL EXAMINATIONS

_____ INSURANCE

_____ ACKNOWLEDGEMENT OF RULES

_____ PARENT AND STUDENT NOTIFICATION/AGREEMENT FORM –
ANABOLIC STEROID USE AND RANDOM STEROID TESTING

_____ TRAVEL AND PARTICIPATE AS A GROUP FOR THE SEASON

_____ GUIDELINES FOR DISTRICT EXTRACURRICULAR ACTIVITIES

_____ EMERGENCY CARD (copies available from individual campus)